

# BLACK

PAGE 4

FEBRUARY 2021

#

CHALLENGE  
BY

28



BOUYON DAY  
2021 CLIPS  
& MORE

PAGE 12

## SIGNAL BAND

THE DOCTOR FOR  
THE SEASON

PAGE 9

GENERATION Y DOMINICA PRESENTS

## GEN - U - IN TALK

ART & CULTURE ISSUE 05



# 'Life changing stuff'

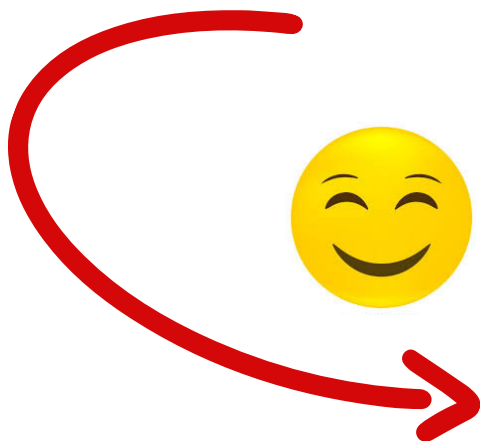
It's been more than 280 days since Covid-19 impacted every nation, and household worldwide. In the midst of all the crazy, some have ventured into as many new and exciting solo activities as possible to remain positive, sane and uplifted through it all.



However, having dealt with this global situation for what seems like forever, eventually one starts to feel a lag in momentum and could use an extra boost. Enter **#challengeby28, the 28 day habit challenge.**

Imagine opening your email daily to view a message that seems like it was tailored for and personally written to you, that transforms your life in significant ways for 28 consistent days.

# ACTUAL POST FROM DAY 24



## Challenge #24

### 28 Day Habit Challenge

Grand rising Dilma ☀️

Finally got a bit of sun in the UK. I hope you had a great start to your day.

Today I want you to do:

#### 1. The 3 minutes rule

This is a concept expressed by Briant Pinvidic. It means if your task takes three minutes or less to do, you should do it immediately.



You know much time we waste postponing things that take minutes to do? (including myself). If we do the small tasks immediately then we would have space for more important tasks or rest.



Don't spend 6 hours on simple tasks. If it takes 3 minutes you should aim to complete it in 3 minutes. Set a timer and be disciplined with your time.

*You're killing it, Dilma!*

Designed and launched by Dominica's very own **Rianna Patterson**, this 28 day habit changing challenge was just the boost that this writer and many others who followed along needed. The challenge not only covered the typical motivational theme but other key topics such as **Improving productivity, tips for redefining ones goals and values, time management skills and more.**



Perfectly suited for those waves of life that are currently crashing on the shores of a new Covid-19 reality, Rianna's 28 day challenge is excellent support to her followers.

Originally from **Picard Portsmouth** Dominica, now residing in the UK, Rianna Patterson is a fellow TEDx International Speaker and Change Agent. She was awarded by her Majesty the Queen for the work she does through the **Dominica Dementia Foundation.**

At 18, she founded that initiative, driven by a youth led charity. After having lost a family member to the illness, Rianna became aware of the long-term effects of the disease, and how it affects people. Through the foundation, she wanted to share her story and inspire others in the global audience to help further the project, become aware of the work taking place and join in. The Dominica Dementia Foundation aims not only to raise awareness of the impacts of Dementia on people in Dominica, but to raise funds for the families affected, provide emotional support and facilitate research on Dementia around the world.

The #challengeby28, 28 day habit changing challenge is another commendable way in which Rianna continues to impact lives and make a difference.

**Never Miss A Beat**



---

**B L A C K**



There's no Fan alive that doesn't remember every detail about their favorite musical artist(s) of all time, like their real names in addition to their stage name, their life story, first album, favorite ice cream, what they wore at a certain event and so on. Once you have become a fan or a follower, you are engrossed in the major and minor details about the artist(s) that you happily fawn over and whose everyday life you follow on Instagram.

***"The artist is nothing without the gift, but the gift is nothing without work"*** is a quote by Emile Zola and any true artist will agree that a major part of the work is contributed by the guys and gals in the background. The super team of drummers, keyboardists, sound engineers & the like who all help give life to the magic that hits the stage at that final unveiling of the performance. Although they stand in the background of that beaming spotlight, they are performers themselves and essential players.

One ***'off note', beat off timing or unscheduled sound interference*** mishap and the audience is suddenly awakened from the artist's musical spell and everyone notices that 'something's just not right' with the performance. One such performer that helps bring the stage show to life is ***Mekhel Lee, 24*** who proudly goes by the name ***'Black'*** and is also affectionately called by his peers other nicknames such as ***'Kelly'*** or childhood nickname ***'Church boy.'***



## @blackonthedrums

There are numerous young persons in the Nature Island who harbor such amazing gifts and talents whose names haven't yet been caught by the media, but are very essential to what the world sees as our music, passion and culture.

As for Mekhel, we asked him what it was about the name **'Black'**, that he's let us know he proudly goes by and he had this to say..

**“ I'M ALL ABOUT BLACK CULTURE, BLACK PEOPLE, BLACK SKIN... THIS IS WHY I'VE STUCK WITH THE NAME 'BLACK' AND MY SOCIAL MEDIA FOLLOWING AS 'BLACK ON THE DRUMS'.**

**I FEEL VERY STRONGLY ABOUT THE REPRESENTATION OF BLACK PEOPLE IN THE MEDIA AND I'M NOT TOO KEEN ON HOW WE ARE PORTRAYED, THEREFORE I EMBRACE THE NAME 'BLACK' BECAUSE FOR ME IT REPRESENTS CULTURE, FAMILY AND ABOVE ALL STRENGTH** ”

Mekhel is originally from **Tarish Pit, Dominica**, got started in music at a younger age and has now been working with various artists and bands as a multi – instrumentalist for almost a decade.

He credits his push toward music to supportive friends, various persons in the industry and also mentions the support of family, saying that the journey has not been easy but he's happy with his growth as a musician and as a person.

***"Music has always been something that saved me in many ways, it's been a place where I can dream and create despite realities or non – realities. It's my tool of expression. I am self – taught and music has always been my savior,"*** said Mekhel.

***"Our generation now has the choices and the ability to choose differently. Especially generation Y, so let's push the limit and not settle but keep on pushing while making sure to support and celebrate each other."***

***For more about Mekhel check out this quick profile below & follow along on Social Media***

**Full Name:** Mekhel Lee

**Performance Name:** Black

**Artist Tag:** Multi - Instrumentalist (drums, guitar, keyboard) & Producer

**Current projects:** Developing dancehall rhythms featuring local artists

**Favorite phrase:** 'One hand can't clap'

**Describes himself as:** Eccentric, fun, & reflective with the work ethic shown by ants in the animal kingdom;dedicated & committed to the task.

**Social Media Pages & You tube channel:** @blackonthedrums  
Instagram | Bees Knees Facebook | blackonthedrums  
YouTube

**Contact info:** blackonthedrums@gmail.com



# Gen y Videos

1 ON 1 WITH KALIHI  
THE FULL INTERVIEW

*Brought to you by:  
Generation Y Dominica*



## **KALIHI TELLS IT ALL TO THE FANS**

1 on 1 with Kalihi on music,  
lifestyle, staying positive and  
more..

## **TOP SONG FEATURES**

Featuring top songs from the  
Big Loxx EP & a live  
performance

# SIGNAL BAND



## THE DOCTOR FOR THE SEASON



When they told us there'd be no **'Jazz and Creole'** we weren't happy but we could handle it. When we heard 'No' to **'Creole in the park'** we tried not to complain, understanding that there's a world crisis; 'No' to **World Creole Music Festival**, that was a hard pill to swallow but we were still standing, but No **'Mas Domnik 2021'...**

Legs went weak, immune systems seemed to fail and many swore that they felt an instant fever, headache and scratchy throat, activated along with the urge of wanting to cry uncontrollably several times daily. The **'No Kanaval 2021' announcement had carnival lovers feeling 'sick, sick, sick'** and there was no cure or vaccine available as a solution.

In the midst of this widespread local pandemic, **The Signal Band** stepped in and made a ***declaration on behalf of the people, 'We want our Kanaval!'*** Not as a means of protest against the measures put in place to protect public health and safety, but as means of voicing the emotional distress of the people. ***And, in an effort to lift the cloud that rained on everybody's carnival 2021 parade, The Signal Band introduced a medley to the public entitled 'We want our kanaval Bouyon Mix 2021'*** released Monday January 25th and on their YouTube channel, about 2 weeks before February 9th, Bouyon day 2021.

The nostalgic rhythms of this 16 minute Bouyon medley complete with the energetic vocals of ***lead singers 'Shelly' Sheldon Alfred and 'Wawa' Anwar Cadette along with Signal's entertaining musicians – Dernel & Darren green (Keyboardists), Akim Hazel (drummer) & Giovannie Green (bass guitarist),*** was just what was needed to shake off the chills and the fevers.

“

**Our new song 'Party mix We want our Kanaval', we encourage you to indulge in it. It has been doing so well so far and it makes me see just how much the people are really going through an emotional time right now in the absence of carnival...**

”

said lead singer Shelly  
during his reflection on Bouyon Music featured in part  
2 of Generation Y Dominica's  
**Bouyon panel discussion 2021**  
<https://www.youtube.com/watch?v=3ECKj2-rrC0>.

As the season has finally come to a close, one thing is for certain. The launching of this medley and all other virtual festive activities initiated by the Signal Band during this past **'No Kanaval' Carnival season**, gave us a 'cure for all ails' and we credit the better part of our speedy recovery to our doctor of the season, **The Signal Band**.



---

contact: +1 767 277 8400 | [signaltheband@gmail.com](mailto:signaltheband@gmail.com)

Youtube | [Signal Band Official](#)

Soundcloud | [Signal Band](#)

Instagram | [@signal\\_band](#)

Facebook | [Signal Band](#)

# facebook





## Bouyon Day



posts


clips


2021




 **Miguel Labadie**  
Friend


Feb 9 · ...Skinny B, Nayee, & Clint. This Bouyon Day I pay tribute to Eric Bardouille. To my mind Eric B is one of the greatest musicians that Dominica has ever produced. A super producer, keyboardist, arranger, writer and vocalist known mostly for his work with First Serenade Band and (P.I.K.) Partners in... 


  Delroy Nesta Williams, Clint Henderson and 258 others



 **Asa Bantan**


Feb 9 · ...ASA BANTAN BOUYON BRAND 🌟 HAPPY BOUYON DAY 100  
#MASKMAN #MONEYT #DIZZLEBUENO #ASABANTAN 

   Clint Henderson, Bri LeBlanc and 280 others



 **Melchour Joseph**  
Friend


Feb 9 · Happy Bouyon Day 🌟 DM 

  Shara Tyana Georges and 13 others


 **Emile DePooter**  
Friend

Feb 18, 2020 · Take a bow on this BOUYON DAY DadaMusic Producer you have been an instrumental part of the development of Bouyon and no one can take that away. Remember the days of "respect Dada boy!" You continue to rise to the occasion keep on spreading the bouyon brother. You adding flavor to the party 🗨️ #RespectDadaBoy

  Travis M Campbell, Royette J Laurent and 59 others

 **Tridel Wins**  
Friend

Feb 26, 2019 · Today is Bouyon Day...comment 1 thing you like about bouyon music or 1 thing you want to see more of in bouyon music.

 Kreig Harris and 6 others

# facebook



## Bouyon Day posts 2021

**Generation Y Dominica**  
Page · 567 like this · Community

Feb 8 · 🌐 · Thank you for joining us on our premiere 🎉🎊🎊🎊 . You can still view it here by clicking the link below. Its worth it! Hit us up in the comments. Click to play🔊 ...

youtube.com  
February 8th 2021 Bouyon Day panel part 1

Netanem Neteyeh Nitiru, Imanu Esprit and 6 others · 1 Comment

---

**Generation Y Dominica**  
Page · 567 like this · Community

Feb 8 · 🌐 · ...can still view part 2 of our Bouyon Day feature here!🔗 Click the link to view this memorable discussion🔗 <https://youtu.be/3ECKj2-rrC0>

youtube.com  
February 8th 2021 Bouyon Day Panel Part - 2 Media and Artist view

Dan Amare, Shelly Shelly and 1 other · 6 Shares

---

**Rady Maskman Moses**  
Friend

Feb 9 · 🌐 · Happy Bouyon Day!!!!!!!!!! Keep Supporting. 🌟

Bri LeBlanc, Djpapa G Riddimup and 18 others · 4 Comments

---

**Delma Angel Daniel**

Feb 9 · 🌐 · Happy Bouyon Day Dominica DMDMDM

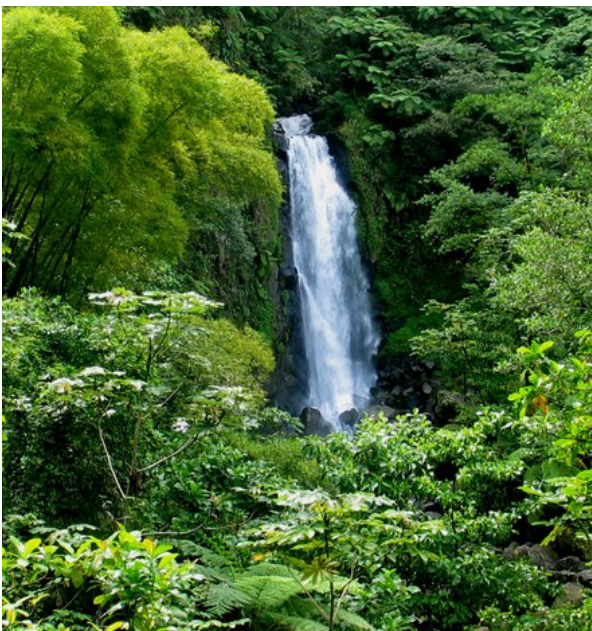
BrownShuga John and 12 others

---

**BrownShuga John**  
Friend

Feb 9 · 👤 · Happy Bouyon Day Dominica!!!!!!!!!!!!!!🥰🥰🥰🥰 One thing d ole skool Bouyon does just hit different First Serenade, PIK, WCK, RSB, Efex, Nuff Respect🥰🥰🥰🥰

7 · 2 Comments



YURI .A. JONES'

# NEWEST TIME LAPSE FILM

---



Dominican photographer and artist Yuri A Jones has done it again, releasing his latest **4k time lapse film 'Dominica on the move 3'**, on YouTube this past February 11th 2021. This new time lapse film is a continuation of his chronicling Dominica's revival after Hurricane Maria, the name of that first project called **"REBIRTH(2018) (available here <https://youtu.be/svSqtMRt5dM>)** which shows what he felt was the island's rebirth after being devastated. **"Dominica on the Move 3"(2021) (<https://youtu.be/Q6k2k9zPTHs>)** is the final stage of that journey, which displays how the island has returned near normalcy and showcases the island's people and natural beauty.

This project shows Dominica as a living, breathing island, with breath taking still shots and 4k video footage. Fast paced scenes of waves crashing against the seacoast in Vieille Casse, Nature Island farm life, local people, waterfalls, flora, fauna & more, all moving at a sped up pace that allows us to view the rare, collective life moments that we tend to miss out on while doing our busy day to day life routine. This video even delivers glimpses of daily busy life and activities in the capital city Roseau.

Yuri .A. Jones is an artist and photographer based in the Caribbean island of Dominica. He has a love for nature and a lot of his work features natural landscapes, shot with printing in mind. Yuri says that his main aim is to allow people to relive their best memories of special places through his images when they are printed and hung on their walls. Yuri is also fascinated with history and culture, and has recently embarked on projects that will allow him to create images that tell stories about local scenes and historical figures through photography.

Be sure to delight yourself in the new time lapse video by Yuri .A. Jones on YouTube. For more of his work, photography and artistic collection visit [www.yuriajones.com](http://www.yuriajones.com).

